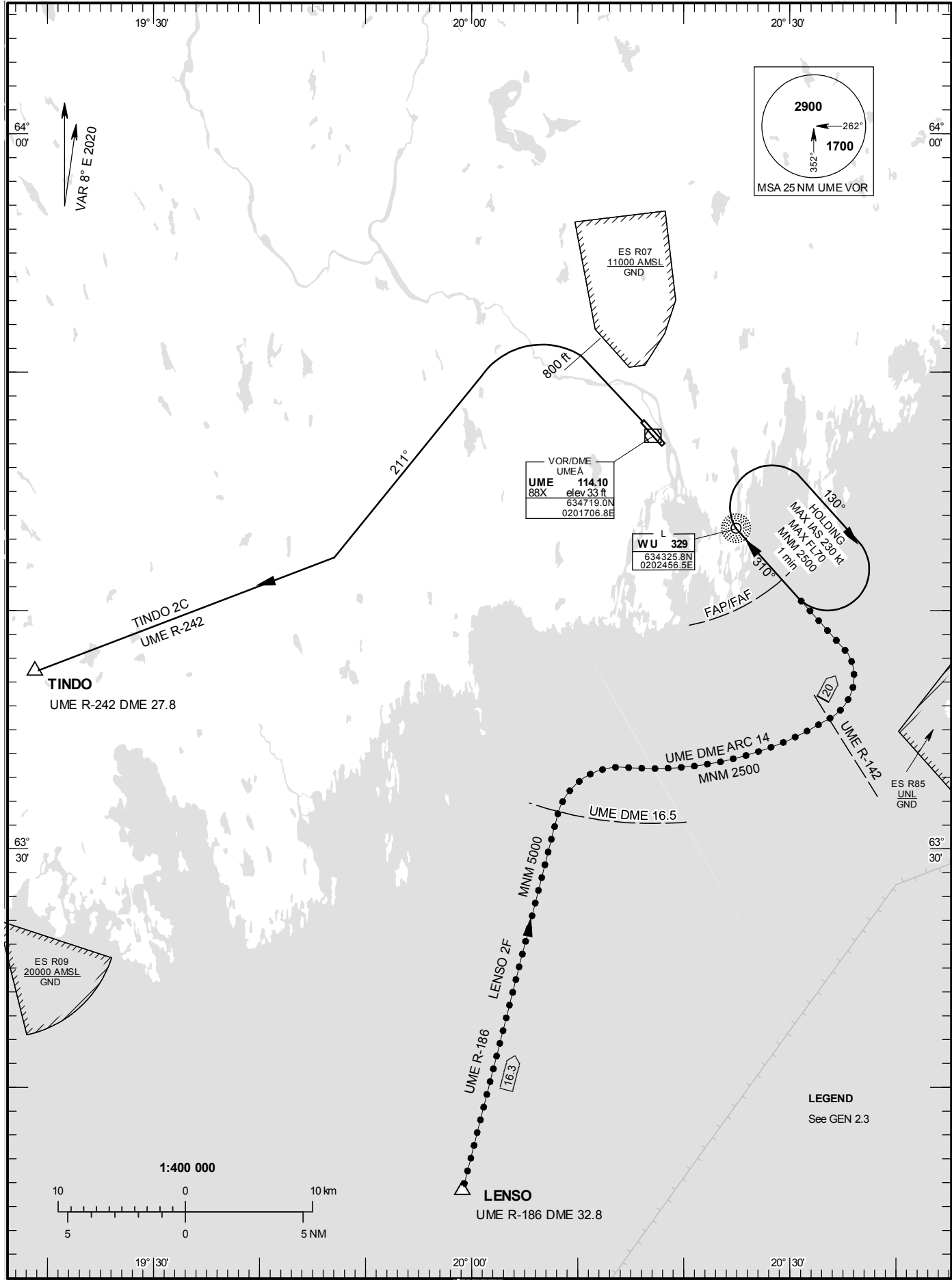


**STANDARD INSTRUMENT  
DEPARTURE AND ARRIVAL  
CHART (SID/STAR) - ICAO**

HGT and ALT in ft  
BRG are MAG  
TA 5000 ft AMSL

UMEÅ TOWER	119.805
	118.080

**UMEÅ  
RWY 32**



CHANGE: Editorial

**UMEÅ**

**DEPARTURE (SID) RWY 32**

**TINDO TWO CHARLIE DEPARTURE (TINDO 2C)**

Straight ahead to 800 ft, turn left to track 211°. Intercept UME R-242 and proceed to TINDO.

**ARRIVAL (STAR) RWY 32**

**REMARK**

Descent to a minimum altitude for an arrival route must not be initiated until an ATC clearance to this altitude or an approach clearance has been received.

**LENSO TWO FOXTROT ARRIVAL (LENSO 2F)**

At LENS0 intercept UME R-186 and proceed to UME DME 16.5, not below 5000 ft. Turn right and proceed on UME DME ARC 14. \*) At UME R-142 turn left to intercept LOC SNU, not below 2500 ft until FAP/FAF.

*\*) For VOR/DME APCH: At UME R-142 turn left to intercept UME R-130, not below 2500 ft until FAF DME 8.1.*